

# TRANSITION COACHING

## Changing of the guard - look forward to the next phase of your life, feeling confident and content

Tailored to those entering their mid to late career stage, and now needing support to consider and adjust to their new role, career or retirement.

### ARE YOU

- · Thinking about succession planning or changing your involvement on the farm
- Working with the next generation as they increase management duties, but still trying to determine what your own future might hold
- Needing support to make the transition, in a positive and productive way for you, your partner and wider farm team
- · Willing to start early and create your personal vision for your future

Our service provides you with compassionate and confidential support and coaching, so you can master your internal world, while, positively impacting people and events around you. We will support you to map out your future so that you are motivated and fulfilled.

### YOU WILL

- Develop closer relationships with your partner and family members
- · Reduce uncertainty and fear of the future and map the way forward
- Smooth the pathway for your transition in your role from manager to mentor
- · Reap the reward of better mental health and wellbeing
- · Know where you're heading and be excited for the future journey



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### **FEATURES**

This service is delievered individually or with couples. It goes hand in hand with a succession process. Undertaking this journey is a powerful way to build ownership and positivity about the future. Our process will take place over a number of months to allow time for reflection and action.

### BENEFITS TO YOUR BUSINESS

- Building relationships
- Reducing fear of the unknown
- Inspiring a sense of adventure
- Smoothing the pathway for the next generation

### ABOUT YOUR MENTOR

Bron Stedall has been the principal of Mind Matters Coaching since 2018. She provides coaching and conflict resolution services along with the MINDCRAFT personal development program. Bron recently joined the Pinion Advisory team, where she develops and delivers people development



programs and offers mental health support. Bron enjoys working with clients to facilitate changes in perspective and behaviour, which, in turn, improves wellbeing, interpersonal relationships and workplace performance.

### WHY WORK WITH US

With a proven track record of over two decades of experience helping clients develop and grow. Our whole business approach ensures that technical, production and management attributes are considered as we work with you. We offer a professional, independent, innovative approach and a genuine desire to help our clients achieve their goals.

For more information contact us on 1300 746 466 or visit pinionadvisory.com

