

# CAPABILITY STATEMENT

## Bron Stedall



### People Development Consultant People and Succession

#### Contact details

0492 269 752

9 Strickland Street  
Clare SA 5453

#### QUALIFICATIONS

- Enrolled in Diploma of Counselling – Australian Institute for Professional Counsellors
- Cognitive Behavioral Therapy for the treatment for chronic pain, certificate from Sydney University
- Accredited Professional Coach (Meta Dynamics Level IV certified) - The Coaching Institute
- Ongoing part-time study Bachelor of Psychology – Macquarie University

#### PROFESSIONAL ASSOCIATIONS

- Australian Counselling Association – student
- International Coach Guild

Bron is the People Development Consultant for Pinion Advisory, where she creates and delivers people development programs, provides mental health support to clients and staff across the range of Pinion Advisory services, and mediates conflict resolution.

As principal of Mind Matters Coaching since 2018, Bron developed the MINDCRAFT program and assisted clients to build up their mental health, manage stressors and improve interpersonal relationships. Believing strongly in demystifying psychology and human behaviour, she provides practical and easy to understand insights and models to aid accountability and facilitate change.

Bron is a compassionate and dynamic coach who enjoys working with clients to facilitate changes in perspective and behaviour, which, in turn, improves wellbeing, relationships and workplace performance.

#### Areas of expertise

- Supporting individuals to improve their wellbeing
- Supporting couples/families to improve interpersonal relationships
- Facilitating personal development workshops
- Facilitating successful transitions through periods of change or uncertainty
- Conflict resolution
- CBT for chronic pain management

#### Professional experience

- Pinion Advisory - People Development Consultant 2022 – current
- Mind Matters Coaching - Principal, 2018-2022

# CAPABILITY STATEMENT

## Relevant projects

PROJECT	ROLE	CLIENT	YEAR/S DELIVERED
Face-to-face coaching	Providing a safe and supportive environment to assist clients, from diverse ages and backgrounds, to work through their problems, resulting in improved thinking, behaviour and overall mental health	Various clients	2017-ongoing
Personal development workshops	Facilitation of personal development workshops for schools and corporate sector	Various clients	2018-ongoing
MINDCRAFT	Personal development program – authored and delivered	Mind Matters Coaching/ Pinion Advisory	2018-ongoing
Employee Assistance Program – provider of face-to-face support	Provided one on one staff support to improve stress management and reduce sick leave/mental health days	Pinion Advisory	2021-2022
AgReSilience	Delivered, Personal Performance for Better Decision Making – 1 day workshop	Livestock SA	2022
Grain Market Briefings	Presented on 'The psychology of good decision-making in a volatile market'	Pinion Advisory grain clients	2022
Leading People for Performance and Profit	Facilitate an online Personal Development program to enhance leadership capabilities and interpersonal relationships	Farm business owner/ operators	2022-ongoing